

Springs Dance Company presents

A Time to Mourn A Time to Dance

SPRINGS
DANCE COMPANY

Live dance
exploring the tension
between loss and joy.

Now booking for 2024.

An hour-long double-bill presented by Springs Dance Company.

An intimate, uplifting dance show choreographed by Lizzi Kew Ross and Heather Richmond.

Created after the pandemic, the performance offers audiences an opportunity to reflect on grief, human connection and joy, and is ultimately a celebration of life.

Ideal for galleries, chapels, museums, churches and arts venues. The performance works best in reflective spaces.

Presented in-the-round with audiences on four sides, or on three sides in non-conventional performance spaces.

"I found myself looking for resonance and finding it."

Audience feedback

***"... the best experience,
the best performance,
the best night.***

Stunning.

Blown away.

So grateful."

Audience feedback

*There is a time for everything and a
season for everything under the sun...
a time to weep and a time to laugh,
a time to mourn and a time to dance ...
a time to embrace and a time to
refrain from embracing.*

Community engagement

Alongside our performance we offer opportunities to join in. Our workshops make a positive difference to people's lives and are both creative and enjoyable.

This project offers a way for people to come together to explore loss, joy and life through movement.

We can tailor make a workshop package for your community that could include one or more workshops prior to or following the show.

One option is a series of workshops leading up to the production that culminates in a performance by local participants at the start of the show.

Booking information FAQs

Where can you perform?

We require a clear flat space of around 7m x 7m, on which we lay our dance floor.

For non-conventional performance spaces, we can provide our own lighting and sound equipment.

We need exclusive access to the space for 5-6 hours to set up prior to the performance.

The performance involves a short film that can be shown with a projector or on TV screens. Talk to us if you need us to provide these.

Who is it for?

The performance is abstract and reflective and is made for adults.

"...incredibly powerful and accessible to people from any background." Audience feedback

What will it cost?

The fees for the performance are £1,120.

Travel expenses will be charged upfront at a rate of £125. Accommodation may be required.

How do I find out more or book?

For more information and to book please email touring@springsdancecompany.org.uk or call 07775 628 442.

Further information about the company can be found online: springsdancecompany.org.uk

Watch the documentary here:

youtu.be/CxiiEUQ17_0



SpringsDanceCompany



@SpringsDC

"powerfully moving"

"highly recommended"

"superb"

Audience feedback

"profound"

"a privilege to be part of something very special"

Audience feedback